

LEVEL 1 - WHITE BELTS
 LEVEL 2 - ORANGE - PURPLE
 LEVEL 3 - BLUE - RED

Venture Martial Arts

CENTRAL PARK - EFFECTIVE 10/10/24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AGES 5-12 - LEVEL 1 4:15 - 4:55PM	AGES 5-6 - LEVEL 2 4:15 - 4:45PM	AGES 5-12 - LEVEL 1 4:15 - 4:55PM	AGES 5-6 - LEVEL 2 4:15 - 4:45PM	AGES 7-12 - LEVEL 2 4:15 - 4:55PM	AGES 5-6 - LEVEL 2 9:00AM - 9:30AM
AGES 5-6 - LEVEL 2 5:00PM - 5:30PM	BLACK BELTS 4:50 - 5:30PM	AGES 5-6 - LEVEL 2 5:00PM - 5:30PM	1ST DEG BLACK BELTS 4:50 - 5:30PM	NXT INSTURCTORS 5:00 - 5:30PM	AGES 7-12 - LEVEL 2 9:35AM - 10:15AM
AGES 7-12 - LEVEL 2 5:35 - 6:15PM	AGES 5-12 - LEVEL 1 5:35 - 6:15PM	AGES 7-12 - LEVEL 2 5:35 - 6:15PM	AGES 5-12 - LEVEL 1 5:35 - 6:15PM	AGES 5-12 - LEVEL 1 5:35 - 6:15PM	LEVEL 3 + RED/BLACK 10:20AM - 11:05AM
AGES 7-12 - LEVEL 3 6:20 - 7:00PM	AGES 7-12 - LEVEL 3 6:20 - 7:00PM	AGES 7-12 - LEVEL 3 6:20 - 7:00PM	AGES 7-12 - LEVEL 2 6:20 - 7:00PM	AGES 7-12 - LEVEL 3 6:20 - 7:00PM	COMPETITION TEAM FORMS 11:30AM TO 12:30PM
BLACK BELTS 7:05 - 7:50PM	RED/BLACK BELTS 7:05 - 7:50PM	BLACK BELTS 7:05 - 7:50PM	RED/BLACK BELTS 7:05 - 7:50PM	BLACK BELTS 7:05 - 7:50PM	COMPETITION TEAM SPARRING 12:30PM TO 1:30PM
12+ LEVELS 1,2,3 7:55 - 8:40PM	12+ LEVELS 1,2,3 7:55 - 8:40PM	12+ LEVELS 1,2,3 7:55 - 8:40PM	12+ LEVELS 1,2,3 7:55 - 8:40PM		COMPETITION TEAM SPECIAL FOCUS 1:30PM TO 2:15PM

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